



Coastal Half Marathon Portsmouth

Sunday 12th February 2012 (multi terrain and muddy beach!)

(In Aid of the RNLI) 10.15am Start.

Entry Form – Please complete and tick appropriate boxes

<u>Male</u>	<u>Female</u>	<u>Age on day of race</u>
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SURNAME..... FIRST NAME.....

ADDRESS.....

.....POSTCODE.....

EMAIL..... telephone.....

Entry fee £16 – *No entries on the day* – Race sold out in 2011

Please enclose an A5 Self Addressed Envelope with correct postage (A5 1st 39p 2nd 30p)

Cheques made payable to believe & achieve, to the value of £.....

If you have a medical condition that you wish to advise the race organiser of please list overleaf or on a separate sheet.

I declare that I will not participate unless I am fit to run the event for which I have entered. I agree that the organisers will in no way be held responsible for any injury, loss or illness, as a consequence of my participation in these events, or any loss or damage to my belongings.

Signed..... Date.....

Send to..... Race Organiser, Rob Piggott

Believe & Achieve Personal Training, 3 Tamarisk Close, Southsea, Portsmouth, Hampshire, PO4 9TS.

Thank you for supporting the RNLI. 

For the latest race info and future charity events please visit www.fitprorob.biz