



Believe & Achieve / Alexandra Sports

10k Fun Run 4th October 2009

(In Aid of the RNLI) 10.30am Start.

Come and join in the fun (excellent training run for great south run)

Events entry form Male or Female

SURNAME FIRST NAME D.O.B /... /....

ADDRESS

.....

POSTCODE

EMAIL.....

telephone.....

Entry fee Under 16..... £8 or £10 on the day.

Entry fee Adult.....£10 or £12 on the day.

I enclose a large SAE and a cheque payable to believe & achieve,
to the value of £.....

If you have a medical condition that you wish to advise the race organiser of
please list overleaf or on a separate sheet.

I declare that I will not participate unless I am fit to run the event for which I have entered. I agree that the organisers will in no way be held responsible for any injury, loss or illness, as a consequence of my participation in these events, or any loss or damage to my belongings.

Signed..... Date..... Send to:

Race Organiser, Believe & Achieve Personal Training,
11 Compton road, North End, Portsmouth, Hampshire, Po2 0ss.

(If entering on the day please arrive early) race starts 10.30am sharp.